

My Most Important Thing to work on this week is:

Date \_\_\_\_\_

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Breathing Exercise							
Elbow Swing							
Pitching Hay							
Horse Face							
Motor Boat							
Blow Bangs							
Spit Rice							
Spit Without Rice							
Marionette Play							
Friendly Flutey Fingers							
Up Like a Rocket							
Toe Knee Nose							
1:00 Feet							
Head Joint - Low							
Higher							
Leap							
Frog							
Owl							
Other							